

## Welcome to our new menu

created with care for our planet

SIPS is proud to be the first not-for-profit organisation to have signed the Sustainability West Midlands Net-Zero Pledge. Our mission is to reduce our organisation's environmental impact.

### Partnership Approach

We work with schools and pupils, attending Eco-councils and assemblies to share ideas. Look out for events and displays in schools over the coming months.

Our suppliers are committed to playing their part too.

**Quorn**

This year, Quorn will plant 60 trees in our name as part of a sustainable forest initiative. We work in partnership with them to create delicious, healthy, sustainable meat-free dishes for our customers.

Together  
we make a  
difference

♻️ All of our Food Waste is collected and recycled. So far we have returned 3150,000 KWh(e) of energy to the national grid!

♻️ For every kilo of food waste recycled we have prevented 25kg of CO2 going into landfill.

### Our Daily Pledge

Our kitchen teams have pledged to support their school and the environment

- ✓ Switch off all lights and equipment when not in use.
- ✓ Make sure dishwashers and equipment are full before use, to maximise efficiency.
- ✓ Use no more than the amount of water required.

## FREE SCHOOL LUNCHES

School meals for Reception, & Years 1 & 2 are FREE

They are worth over £450 per child, each year.\* Older children in Years 3-6 may still be entitled to Free school meals

TO APPLY FOR FREE SCHOOL MEALS PLEASE VISIT:  
[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

## Week 1

## Week 2

## Week 3

Monday

Fishless Fingers **VG**  
Mash  
Spaghetti Hoops  
Cheese & Potato Pie **V**  
Spaghetti Hoops  
Chocolate Brownie **VG**  
with Mandarin Oranges

Fish Fingers  
Hash Brown  
Garden Peas, Carrots  
Quorn & Chickpea Curry **V N**  
Brown & White Rice  
Naan Bread  
Lemon Drizzle Cake **VG GF N**

Quorn Southern Fried Burger **V**  
Tomato Pasta  
Green Beans, Carrots  
Vegan Meatball Pasta Bake **V N**  
Green Beans  
Carrots  
Vanilla Ice Cream Tub

Tuesday

BBQ Chicken Wrap **N**  
Crunchy Coleslaw  
Mexican Rice Bowl **VG N**  
Crunchy Coleslaw  
Fruit Jelly **VG**

Beef Burger in a Bun  
Diced Herby Potatoes  
Vegetable Medley  
Harvest Burger in a Bun **VG**  
Diced Herby Potatoes  
Vegetable Medley  
Fruit Muffin **VG**

Pork Sausage & Gravy  
Mash  
Vegetable Medley  
Vege Banger **VG** & Gravy  
Mash  
Vegetable Medley  
Chocolate Pinwheels **VG N**

Wednesday

Brunch Lunch (pork sausage,  
hash brown, omelette, baked beans)  
Vegetarian Brunch Lunch **V**  
(vegetarian sausage, hash brown,  
omelette, baked beans)  
Vanilla Whirl Biscuit **VG N NE**

Jerk Chicken **N** with Vegetable Rice  
Mediterranean Bolognaise **V** &  
Garlic Bread  
Pasta  
Chocolate Arctic Roll **N**

Roast Chicken & Gravy  
Roast Potatoes  
Broccoli, Carrots  
Quorn Fillet & Gravy **VG**  
Roast Potatoes  
Broccoli, Carrots  
Toffee Cake & Custard **B**

Thursday

Chicken Curry  
Brown & White Rice  
Naan Bread  
Margherita Pizza **V B**  
Pasta  
Sweetcorn  
Very Berry Mousse

Chicken Pasta Bake **N**  
Sweetcorn  
Loaded Pizza **V B**  
Baked Potato Wedges  
Sweetcorn  
Apple Flapjack **B** & Custard

Beef Bolognaise with Pasta &  
Garlic Bread  
Cheese & Tomato Pizza **V B**  
Seasoned Wedges  
Peas & Sweetcorn  
Fruit Jelly **VG**

Friday

Harry Ramsdens Salmon  
& Sweet Potato Fish Cake **B N**  
Chips  
Garden Peas  
Quorn Vegan Nuggets **VG**  
Chips  
Garden Peas  
Sprinkle Tray Bake & Custard

Harry Ramsdens Battered Fish  
Chips  
Baked Beans  
Cheese Flan **V N**  
Chips  
Baked Beans  
Strawberry Mousse

Fish Fingers  
Chips  
Mushy Peas  
Cheese & Onion Lattice **V**  
Chips  
Mushy Peas  
Baked Apple Sponge **B** & Custard

Dates

01.09.2025 - 22.09.2025 - 13.10.2025  
10.11.2025 - 01.12.2025

08.09.2025 - 29.09.2025 - 20.10.2025  
17.11.2025 - 08.12.2025

15.09.2025 - 06.10.2025 - 03.11.2025  
24.11.2025 - 15.12.2025

Available Daily: Water, Seasonal Salad, Bread, Yoghurt and Seasonal Fresh Fruit.

Dishes may change without prior notice. This is a generic menu and may differ to the menu  
bespoke to your school. Check your school's website for full details.

**NE** No Eggs **N** New **V** Vegetarian **VG** Vegan **GF** Gluten Free **B** Boosted by hidden fruit and vegetables

