

Metropolitan Borough of Sandwell
ST. JAMES C.E. PRIMARY SCHOOL



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Head Teacher: Mr D Heather

27th November 23



Dear Parents/Carers

Re: Health Education Sessions- Year 5 Puberty- Body Changes

Sandwell School Nurse Service will be delivering an educational session to year 5 children on Wednesday 13th December 23.

The puberty session being delivered to your child will cover the changes boys and girls go through both physically and emotionally during this time. The session is delivered to all genders together, with the children receiving factual information, using correct terminology, around the changes their bodies go through.

Relationships and health education is a statutory element of our curriculum.

We understand this can be a sensitive topic. Please do not hesitate to contact your child's teacher with any questions or concerns you may have.

Yours faithfully

Mr D Heather

A handwritten signature in blue ink, appearing to read 'D. Heather', written over a horizontal line.

HEADTEACHER