

## Holiday activities and food

## **REGISTER NOW**

for FREE summer HAF21 Sandwell events

The Department for Education's Holiday Activities and Food Programme has provided funding for councils to deliver free fun activities linked to a food offer for children and young people aged 5 – 15yrs of age during the summer holidays.



To register for free go to www.sandwell.gov.uk/homepage/298/holiday\_activities\_and\_food

There will be lots of activities on offer

- Exciting food activities including cook together sessions, discovering new flavours and skills, how food is grown and have a go yourself.
- Creative opportunities that use art to explore healthy eating and activity. Art scaping, journaling, poetry, dance and lots more.
- Outdoors activities exploring the natural environment including mountain bike trails, wellbeing walks, bushcraft and kayaking.
- PE and Sports for those wanting to learn a new sport or practice their skills and keep active.
- Holiday Activities and Food (HAF) Holiday clubs. With a range of fantastic activities.

\*some activities are only available to children eligible for benefit related free school meals





