

Quality food options every day

Full details of dishes & allergen information are available at: sips.co.uk/foodportal

Week
Commencing:
19/04/2021
03/05/2021
17/05/2021
07/06/2021
21/06/2021
05/07/2021
19/07/2021

Week 1

MONDAY

MEAT FREE MONDAY

Fish Fingers
Mashed Potato & Peas
Or
Cheese Lattice Slice (v)
Mashed Potato & Peas
Or
Sandwich Meal – Ham, Cheese or Tuna
Melting Moments
Fresh Fruit

TUESDAY

Chicken Meatballs in Tomato Sauce & Pasta
Or
Quorn Southern Style Burger (v)
Pasta
Baked Beans
Or
Sandwich Meal – Ham, Cheese or Tuna
Frozen Toffee Yoghurt
Fresh Fruit

WEDNESDAY

Buttermilk Chicken Roast Potatoes
Carrots
Or
Vege Burger (vg)
Roast potato
Carrots
Or
Sandwich Meal – Ham, Cheese or Tuna
Muller Yoghurt
Fresh Fruit

THURSDAY

Filled Jacket Potato, Cheese & Beans, Salad
Or
Margherita Pizza (v) (b)
Seasoned Wedges
Sweetcorn
Or
Sandwich Meal – Ham, Cheese or Tuna
Arctic Roll
Fresh Fruit

FRIDAY

Harry Ramsden's Junior Pollock & Tomato Ketchup Chips & Baked Beans
Or
Cheese and Potato Pie & Tomato Ketchup & Baked Beans
Or
Sandwich Meal – Ham, Cheese or Tuna
Cocoa Crunch Cookies
Fresh Fruit

MONDAY

MEAT FREE MONDAY

Fish Fingers
Herby Diced Potatoes
Peas
Or
Filled Jacket Potato, Cheese & Beans & Salad
Or
Sandwich Meal – Ham, Cheese or Tuna
Muller Yoghurt
Fresh Fruit

TUESDAY

Sausage & Mash with Gravy
Vegetable Medley
Or
Vegetarian Sausage (v)
Mash with Gravy
Vegetable Medley
Or
Sandwich Meal – Ham, Cheese or Tuna
Vanilla Ice Cream Tub
Fresh Fruit

WEDNESDAY

BBQ Chicken Fillet with Savoury Vegetable Rice
Or
Quorn and Sweet Potato Curry (v) with Brown and White Rice and Naan Bread
Or
Sandwich Meal – Ham, Cheese or Tuna
Apple Flapjack
Fresh Fruit

THURSDAY

Pork & Carrot Meatballs in Tomato Sauce with Pasta
Or
Cheese and Tomato Pizza (v)
Seasoned Wedges
Sweetcorn
Or
Sandwich Meal – Ham, Cheese or Tuna
Fruit Jelly
Fresh Fruit

FRIDAY

Popcorn Chicken
Chips & Baked Beans
Or
Quorn Vegan Nuggets (vg)
Chips & Baked Beans
Or
Sandwich Meal – Ham, Cheese or Tuna
Iced Shortbread Biscuit
Fresh Fruit

Week
Commencing:
26/04/2021
10/05/2021
24/05/2021
14/06/2021
28/06/2021
12/07/2021

Week 2

Served daily: Bread Basket, Fruity Water, Assorted Salad, Seasonal Vegetables served at the counter. Dishes may change without prior notice.

SIPS

EDUCATION

MISSION:
nutrition

www.sips.co.uk



N - New

V - Vegetarian

VG - Vegan

B - Boosted by hidden fruit and vegetables