

Full details of dishes & allergen information are available at: [sips.co.uk/foodportal](https://www.sips.co.uk/foodportal)

# Quality food options every day

**Week 1**

Week Commencing:
2/11/2020
16/11/2020
30/11/2020
14/12/2020
04/01/2021
18/02/2021
01/02/2021
15/02/2021

**Week 2**

Week Commencing:
9/11/2020
23/11/2020
07/12/2020
21/12/2021
11/01/2021
25/01/2021
08/02/2021

## MONDAY

**MAINS**  
Lemon Sole Bites  
Saute Potato, Peas, Carrots  
Jacket Potato <sup>V</sup>, Cheese & Baked Beans  
**DESSERTS**  
Banana Muffin  
Fresh Fruit Slices

## TUESDAY

**MAINS**  
Pork Sausage Hot Dog  
Herby diced potatoes  
Peas, Tomato Ketchup  
Vegetarian Sausage Hot Dog  
Herby diced potatoes  
Peas, Tomato Ketchup  
**DESSERTS**  
Iced Shortbread Biscuit  
Fresh Fruit Platter

## WEDNESDAY

**MAINS**  
BBQ Chicken  
Savoury Rice, Carrots  
Cheese & Potato Pie  
Carrots, Coleslaw  
**DESSERTS**  
Fruit Jelly  
Fresh Fruit

## THURSDAY

**MAINS**  
Chicken Pasta Bake  
Garlic Bread  
Sweetcorn  
Margherita Pizza, Seasoned Wedges, Baked Beans  
**DESSERTS**  
Muller Yoghurt  
Fresh Fruit

## FRIDAY

**MAINS**  
Harry Ramsden's Junior Pollock & Tomato Ketchup  
Chips, Peas  
Cheese & Onion Lattice & Tomato Ketchup  
Chips, Peas,  
**DESSERTS**  
Cocoa Crunch Cookie  
Fresh Fruit

## MONDAY

**MAINS**  
Fish Fingers, Herby Diced Potatoes  
Baked Beans  
Quorn Southern Style Burgers <sup>V</sup>  
Herby Diced Potatoes  
Baked Beans  
**DESSERTS**  
Melting Moments  
Fresh Fruit Slices

## TUESDAY

**MAINS**  
Chicken Meatballs  
Pasta, Roasted Mediterranean Veg  
Jacket Potato with Cheese & Coleslaw or Baked Beans <sup>V</sup>  
**DESSERTS**  
Fruit Flapjack  
Fresh Fruit Slices

## WEDNESDAY

**MAINS**  
Buttermilk Chicken  
Saute potatoes  
Broccoli, Carrots,  
Vegetable Burger, <sup>V</sup>  
Saute Potatoes, Broccoli, Carrots. Home-made bread  
**DESSERTS**  
Muller Yoghurt  
Fresh Fruit

## THURSDAY

**MAINS**  
Pork Sausage, Jacket wedges  
Sweetcorn  
Loaded Veggie Feast Pizza  
Jacket wedges  
Sweetcorn  
**DESSERTS**  
Fruit Jelly  
Fresh Fruit Platter

## FRIDAY

**MAINS**  
Pop Corn Chicken, & Tomato Ketchup  
Chips  
Baked Beans  
Quorn Vegan Nuggets <sup>Vg</sup>, & Tomato Ketchup  
Chips & Baked Beans  
**DESSERTS**  
Frozen Strawberry Yoghurt  
Fresh Fruit

Bread Basket available daily

Dishes are subject to change without prior notice