

#HelloYellow

LET'S
BRIGHTEN
UP A SCHOOL DAY

FOR YOUNG PEOPLE'S MENTAL HEALTH

We're saying **#HelloYellow**
to show young people
they're not alone
with their mental health.

Wear yellow on
9 October
and donate **£1** to
YoungMinds.



YOUNGMINDS.ORG.UK/HELLOYELLOW

YOUNGMINDS