



## St James Sports Premium Impact Study 2022/23



Key Objectives	Actions/Intended Outcomes	Impact
The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.	<p>Top up swimming lessons for Year 5 children. This cohort have had reduced hours in the water due to Covid-19 restrictions and lock downs. Therefore additional swimming lessons have been arranged.</p> <p>To encourage children to participate in after school clubs we will contribute a set amount of money aside to reduce the cost of after school sports clubs.</p>	<p>Additional swimming lessons enabled the current Year 5 cohort to have an additional 6 hours of extra swimming tuition, which is in addition to the Year 4 and 3 swimming entitlement set out in the national curriculum.</p> <p>After school clubs had a relatively good uptake, with most clubs being at full capacity. Some clubs failed to take place due to limited numbers (this was also lined to the cost-of-living crisis). Club activities/sports were adapted to meet the desires of the children and encouraged attendance.</p>
The profile of PE and sport being raised across the school as a tool for whole school improvement.	Increase the activity of children during lunch times by providing structured PE sessions involving competition and a range of 'normal' sports and new 'unusual' sports.	The sports coach was utilised at lunch times by running sports games including football, basketball, dodgeball, champ and various other mini games. Because of the sports coach's lunchtime sessions, children can now organise their own games, and other staff mirror the coach's activities too.
Increased confidence, knowledge and skills of all staff in teaching PE and sport.	<p>Balanceability coach to be used in Reception on a Thursday (2nd March – 6th July) to deliver Balanceability sessions to Reception children. Reception staff will be present for these sessions and will receive training later in the year to deliver the sessions themselves next year.</p> <p>Sports coach to team teach on a Friday so that staff are continuing to develop their CPD in PE delivery and assessment. Staff will receive 1 hour of 1:1 team teaching in the curriculum area of PE (same as PE lessons) every half term. They will also receive a morning or afternoon of additional PE (sports not taught in PE lessons currently) every half term to upskill their delivery of PE.</p>	<p>Teaching staff within school have been part of the Thursday sessions, training themselves up by working with a Balanceability instructor. Teaching staff will be ready to deliver Balanceability sessions next year, in addition to our PE curriculum.</p> <p>Teachers have had the opportunity to work closely with the sports coach in delivering PE lessons this year. This has led to team teaching and professional conversations occurring, developing the teacher's delivery and assessment of PE. The sports coach has worked with teachers in delivering sports that are taught in PE lessons and in understanding newer sports and their delivery, eg Tchoukball and New Age Curling. This has developed their confidence in delivering PE and enabled professional conversations to occur around assessment and PE.</p>
Broader experience of a range of sports and activities offered to all pupils	The Sports Coach will be used to team teach during Fridays. She will work 1:1 with teachers in delivering a PE lesson as part of their PE curriculum each half term as well as an additional PE afternoon or morning of unfamiliar sports. Children will experience a range of unfamiliar sports that are not the 'normal' sports – archery, tri-golf, indoor curling and Flag Football etc.	<p>The sports coach has impacted the delivery of PE by upskilling teacher's ability to deliver PE lessons and assess the children. Teachers have had the opportunity to work closely with the sports coach in delivering Tchoukball, and various other newer sports, followed by discussions around how to develop children further and complete accurate assessments.</p> <p>New equipment has been utilised in lessons and after school clubs to ensure more children can take part at the same time.</p>

Increased participation in competitive sport	<p>After school clubs will be partly funded to encourage participation. These clubs will improve skills but also have competitive games.</p> <p>Lunch time sports sessions coached by our sports coach will allow children the chance to participate in moderate to vigorous physical activity (MVPA) in a competitive game.</p>	<p>After school clubs that are running are mostly at capacity. Where they are not, this is due to children withdrawing and there being insufficient time to fill their space. Other clubs that have had to be cancelled is due to limited numbers applying for spaces – this was linked to the cost-of-living crisis.</p> <p>The lunch time sessions have been designed to be as active as possible to increase MVPA levels in children. All Lunch Time Supervisors have also been given set areas to work on the playground so that they can be 'play leads'. This encourages competitive sport and participation due to staff refereeing the games.</p>
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## Swimming

Meeting the national curriculum requirements for swimming and water safety	% of Y6
Swim competently, confidently and proficiently over a distance of at least 25 metres	27% (16 children)
Uses a range of strokes effectively	17% (10 children)
Perform safe self-rescue in different water based situations	70% (42 children)