# Thinkuknow parents and carers presentation (primary)

Protect your children from sexual abuse online

www.thinkuknow.co.uk/parents

NCA
National Crime Agency

CEOP
A National Crime Agency command

# This presentation will cover:

- Children online
- Live streaming and gaming
- What can you do?
- Thinkuknow resources for primary
- Thinkuknow resources for parents and carers
- Reporting to NCA-CEOP

# What is Thinkuknow?

Thinkuknow is the education programme provided by CEOP.
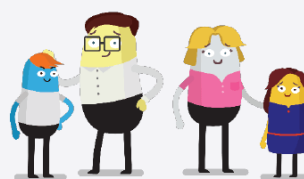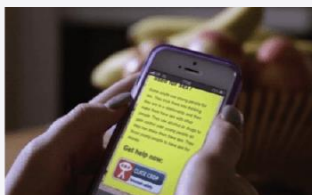
Thinkuknow offers resources for different audiences:

| 4-7 | 8-10 | 11-13 | 14+ |
|-----|------|-------|-----|

Resources for those with special educational needs and disabilities (SEND)

Parents and Carers

Visit www.thinkuknow.co.uk for information and advice

# Talk to your child

- Find a good time and place

- Think about how you are going to introduce the subject

- Explain any worries you may have

## Listen. Don't judge. Learn...

- Where do they go online?

- What do they like?

- What don't they like?

- Make sure they know they can come to you
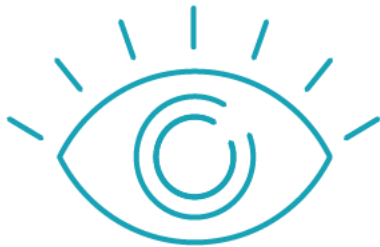
Romeo & Juliet

# Understanding apps and games

Sharing

Chatting

Viewing

Friending

# Live streaming

- Broadcasting live videos over the internet. Unmoderated & unpredictable

- Hugely popular with primary aged children

- Potentially huge audiences

## The risks

- Children may not understand the risks of broadcasting to strangers. Younger children are especially vulnerable to pressure and manipulation.

- Offenders can use flattery, threats, dares and tricks, or post multiple comments in order to pressurise a young person to do inappropriate things on camera.
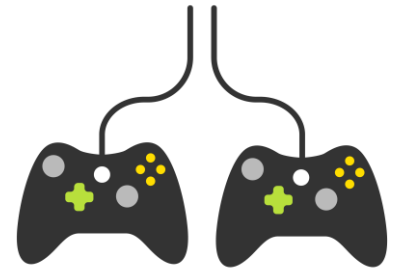
# Online gaming

- Multi-player games

- Chat functions – instant messenger, voice over

- Risk from inappropriate content and contact

## Risk factors

- Offenders can build relationships over online games

- Offenders use gifts in gaming to encourage children to trust them

- Moving from gaming to private platforms

# #WhoisSAM?

# What can you do?

- Talk to your child about their life online

- Make sure your child knows they can always come to you for help and they won't be blamed

- Don't threaten to ban technology

## Practical steps you can take

- Create a family agreement and regularly review

- Primary aged children should only be live streaming and gaming in public rooms

- Use parental controls

- Report any concerns to local police, CEOP or the NSPCC
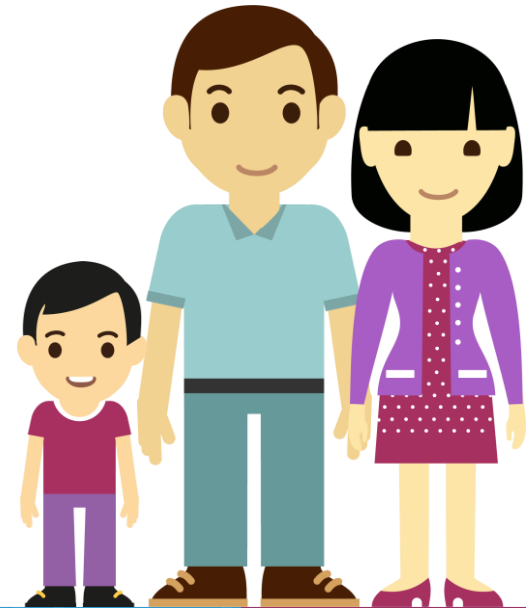
# Resources for primary aged children

**4-7s: Jessie & Friends**

*8-11s: Play Like Share & Band Runner Game*

Are your kids safe online?

Parents and carers

# What can you do?

FREE app which is fantastic to help keep children safe on line by offering various parental controls. The app is called 'Google Family Link' and it lets you create a specific Google Account for your child(ren). The account is a lot like a normal Google account but it will let the creator set ground rules such as which apps your child can use and for how long.

Other features include:-
· The ability to remotely lock your child's device or block specific apps
· Setting bedtime on your child's device
· Keeping an eye on screen time
· Managing the apps your child can use
· Checking your child's location
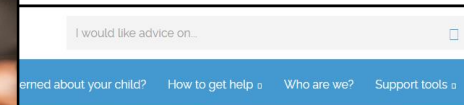
Google Family Link for parents

Google LLC    Tools

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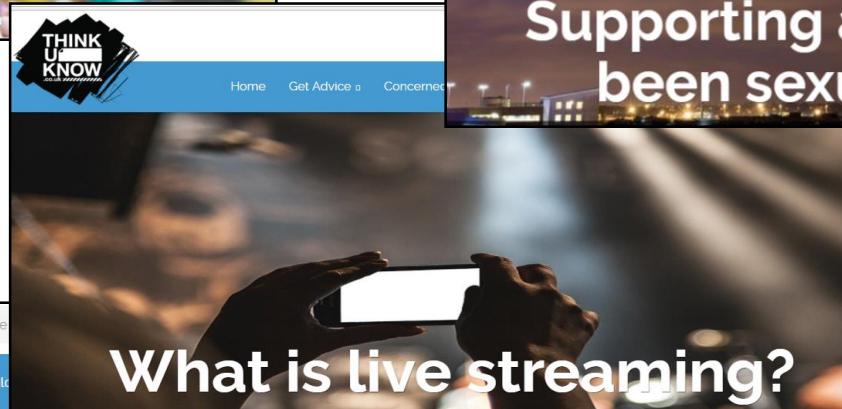
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⊞ Add to wishlist

Install
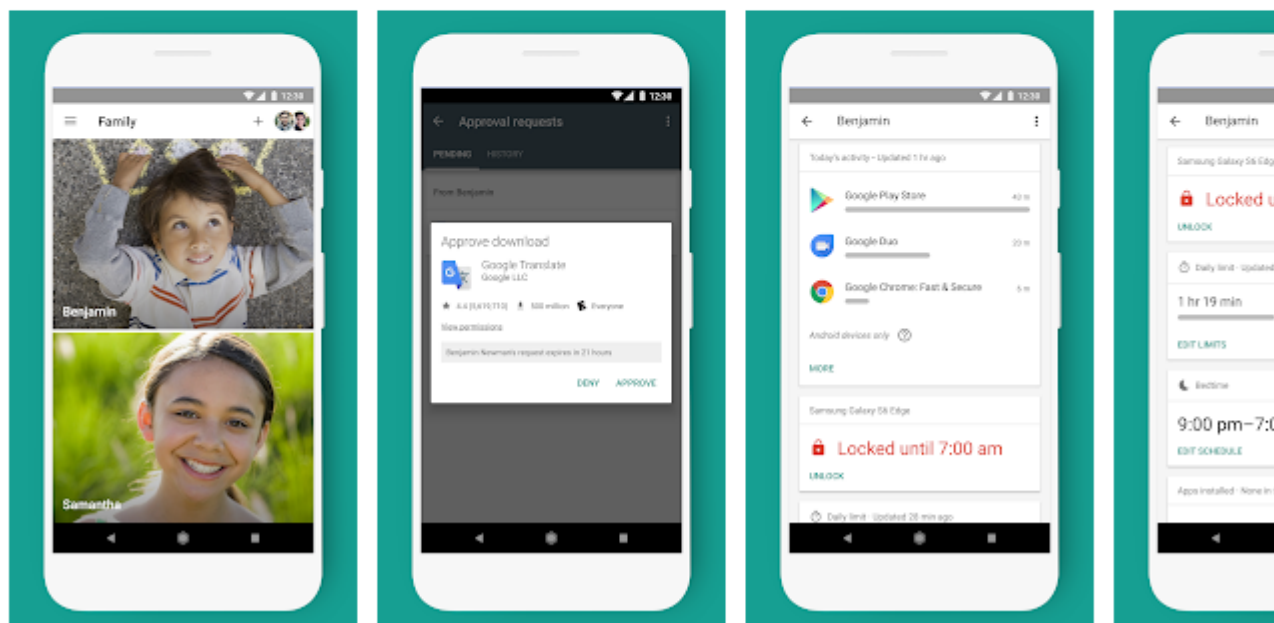
# Resources for Parents and Carers
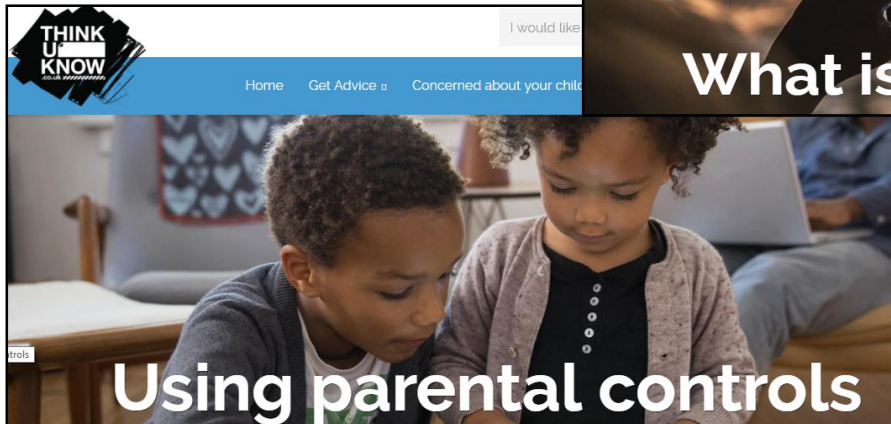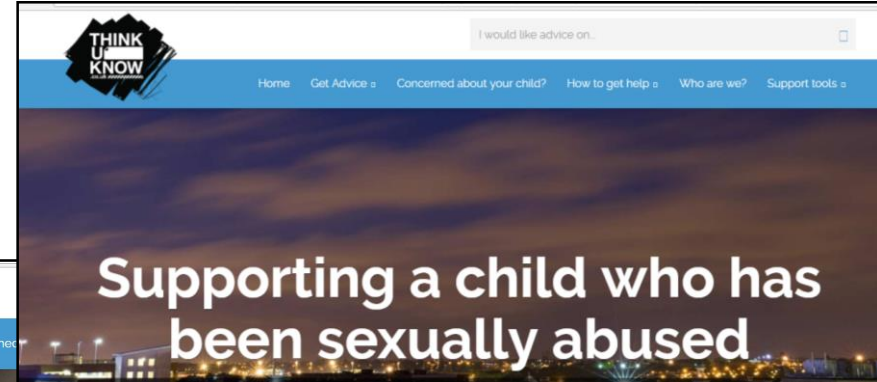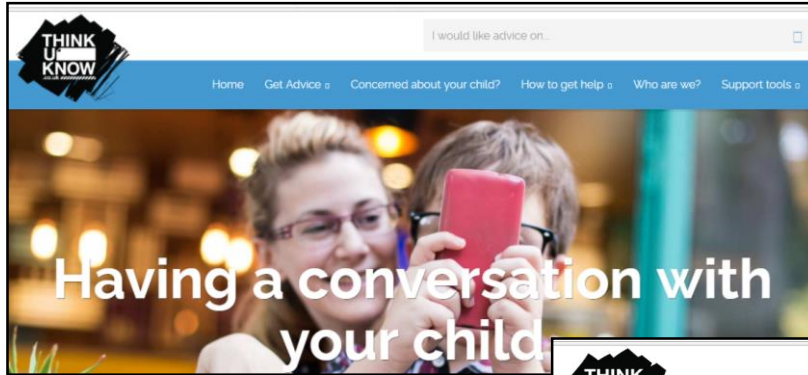


THINK U KNOW
.co.uk

Having a conversation with your child

Supporting a child who has been sexually abused

What is live streaming?

Using parental controls

Online grooming: how does it work?

# www.parentinfo.org



Parents and carers

# Reporting to NCA-CEOP – www.ceop.police.uk
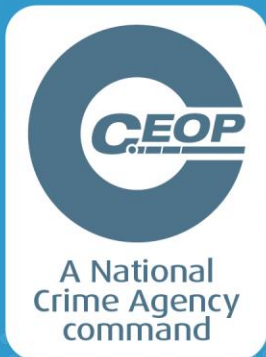
# Staying up to date:

@CEOPUK

ClickCEOP

www.thinkuknow.co.uk
www.thinkuknow.co.uk/parents

www.ceop.police.uk/safety-centre

Please contact the CEOP Education team directly at ceopeducation@nca.x.gsi.gov.uk
If you have any queries or feedback on the training you have received.

# Top Child Safety Statistics To Takeaway?

- 70% of kids encounter sexual or violent content online while doing homework research
- 17% of tweens (age 8-12) received an online message with photos or words that made them feel uncomfortable, only 7% of parents were aware of this
- 65% of 8-14 year-olds have been involved in a cyberbullying incident
- 36% of girls and 31% of boys have been bullied online
- 16% of high school students have considered suicide because of cyberbullying
- 75% of children would share personal information online in exchange for goods and services
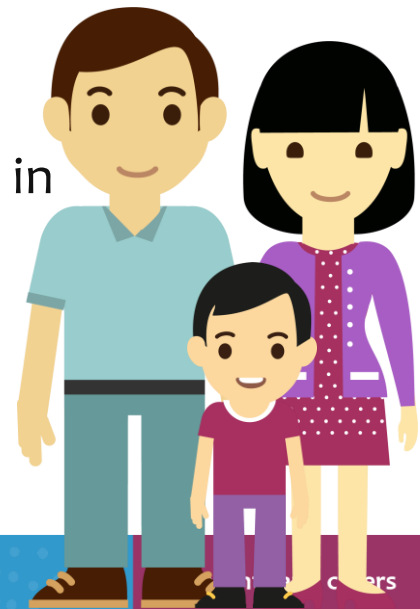
**95%** of parents think they know what their kid is doing online.

**17%** of children said their parents have no idea what they do online.

Two-thirds of children have a negative experience, whereas only **45%** of parents realize this.

**70%** of children will encounter pornographic or overly violent content while using the internet for research and homework.
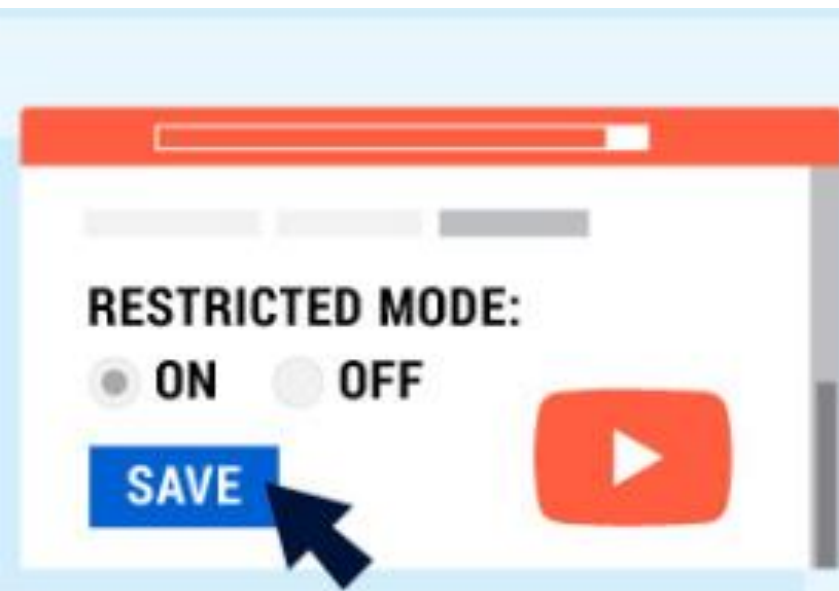
# BASIC TIPS FOR PARENTS

✓ Set a good example.

✓ Set up parental controls on all devices.

✓ Monitor your child's experience online.

✓ Regularly check in with your child in person.
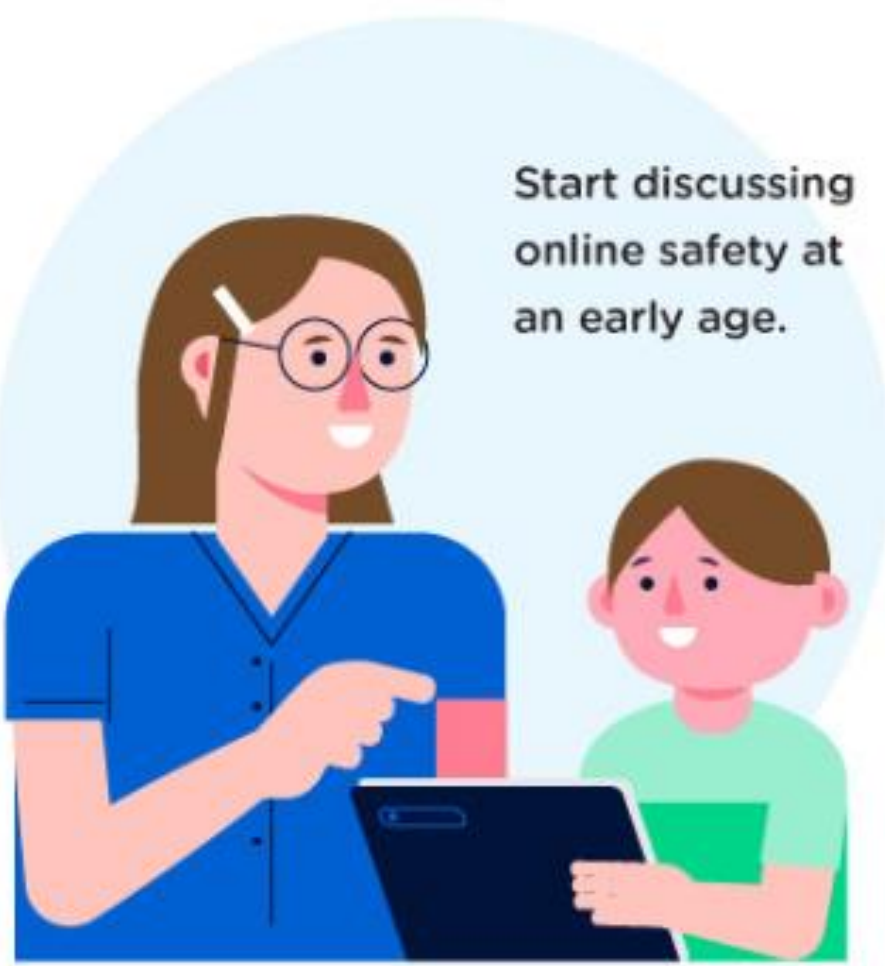
**RESTRICTED MODE:**
ON    OFF
SAVE

Since children spend so much time on Youtube, make sure the "Restricted mode" button is on.

Try kid-safe search engines, such as Kiddle, KidRex, Kidtopia...

Start discussing online safety at an early age.

Teach them that the internet is not a "popularity contest".

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Use an app that limits the time your child spends online.

Add them on social media as a "Friend".

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