



## National Curriculum Mapping: PE 2021 - 2022

**EYFS**

**EYFS.1 - Communication and language** development involves giving children opportunities to experience a rich language environment; to develop their confidence and skills in expressing themselves; and to speak and listen in a range of situations

**EYFS.2 - Physical development** involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food

**EYFS.3 - Personal, social and emotional development** involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities

**EYFS.4 - Expressive arts and design** involves enabling children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings through a variety of activities in art, music, movement, dance, role-play, and design and technology.

### Reception

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	Fundamental Skills  EYFS.1 - Communication and language development involves giving children opportunities to develop their	Fundamental Skills  EYFS.1 - Communication and language development involves giving children opportunities to develop their	Gymnastics  EYFS.1 - Communication and language development involves giving children opportunities to develop their confidence and	Dance  EYFS.1 - Communication and language development involves giving children opportunities to develop their confidence and	Cricket  EYFS.1 - Communication and language development involves giving children opportunities to develop their confidence and	Athletics  EYFS.1 - Communication and language development involves giving children opportunities to develop their confidence and

<p>confidence and skills in expressing themselves; and to speak and listen in a range of situations.</p> <p>EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.</p> <p>EYFS.3 - Children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop</p>	<p>confidence and skills in expressing themselves; and to speak and listen in a range of situations.</p> <p>EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.</p> <p>EYFS.3 - Children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop</p>	<p>skills in expressing themselves; and to speak and listen in a range of situations.</p> <p><b>EYFS.2</b> - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.</p> <p><b>EYFS.4</b> - Children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings</p>	<p>skills in expressing themselves; and to speak and listen in a range of situations.</p> <p><b>EYFS.2</b> - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.</p> <p><b>EYFS.4</b> - Children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings through a variety of</p>	<p>skills in expressing themselves; and to speak and listen in a range of situations.</p> <p>EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.</p> <p>EYFS.3 - Children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to</p>	<p>skills in expressing themselves; and to speak and listen in a range of situations.</p> <p>EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.</p> <p>EYFS.3 - Children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to</p>	<p>skills in expressing themselves; and to speak and listen in a range of situations.</p> <p>EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.</p> <p>EYFS.3 - Children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to</p>
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	<p>social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.</p>	<p>social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.</p>	<p>through a variety of activities in movement.</p>	<p>activities in movement and dance.</p>	<p>understand appropriate behaviour in groups; and to have confidence in their own abilities.</p>	<p>understand appropriate behaviour in groups; and to have confidence in their own abilities.</p>
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<b>Key stage 1</b>	<p>Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>Pupils should be taught to:</p> <p><b>KSI.1</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p><b>KSI.2</b> - participate in team games, developing simple tactics for attacking and defending</p> <p><b>KSI.3</b> - perform dances using simple movement patterns.</p>
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**Year 1**

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	<p>Activity Skills</p> <p><b>KSI.1</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p><b>Competition</b> - with self</p>	<p>Gymnastics</p> <p><b>KSI.1</b> - master basic movements (jumping), as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p><b>KSI.3</b> - perform dances using simple movement patterns.</p> <p><b>Co-operative physical activities</b></p>	<p><b>Dance</b></p> <p><b>KSI.1</b> - master basic movements (jumping), as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p><b>KSI.3</b> - perform dances using simple movement patterns.</p> <p><b>Co-operative physical activities</b></p>	<p><b>Cricket</b></p> <p><b>KSI.1</b> - master basic movements including running, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p><b>KSI.2</b> - participate in team games, developing simple tactics for attacking and defending.</p> <p><b>Competition</b> - with others</p>	<p>Tri Golf</p> <p><b>KSI.1</b> - master basic movements, as well as developing balance and co-ordination, and begin to apply these in a range of activities</p> <p><b>Competition</b> - with self</p> <p><b>Competition</b> - with others</p>	<p>Athletics</p> <p><b>KSI.1</b> - master basic movements including running, jumping and throwing, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p><b>Competition</b> - with self</p> <p><b>Competition</b> - with others</p>

Year 2

Year 2						
	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	<p>Activity Skills</p> <p>KSI.1 - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>KSI.2 - participate in team games, developing simple tactics for attacking and defending.</p> <p>Competition - with self</p>	<p>Gymnastics</p> <p>KSI.1 - master basic movements (jumping), as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>KSI.3 - perform dances using simple movement patterns.</p> <p>Co-operative physical activities</p>	<p>Dance</p> <p>KSI.1 - master basic movements (jumping), as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>KSI.3 - perform dances using simple movement patterns.</p> <p>Co-operative physical activities</p>	<p>Tri Golf</p> <p>KSI.1 - master basic movements, as well as developing balance and co-ordination, and begin to apply these in a range of activities</p> <p>Competition - with self</p> <p>Competition - with others</p>	<p>Cricket</p> <p>KSI.1 - master basic movements including running, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>KSI.2 - participate in team games, developing simple tactics for attacking and defending.</p> <p>Competition - with others</p>	<p>Athletics</p> <p>KSI.1 - master basic movements including running, jumping and throwing, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Competition - with self</p> <p>Competition - with others</p>

Key stage 2	Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
	Pupils should be taught to:
	KS2.1 – use running, jumping, throwing and catching in isolation and in combination
	KS2.2 – play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
	KS2.3 – develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
	KS2.4 – perform dances using a range of movement patterns
KS2.5 – take part in outdoor and adventurous activity challenges both individually and within a team	
KS2.6 – compare their performances with previous ones and demonstrate improvement to achieve their personal best.	

**Year 3**

		Autumn		Spring		Summer	
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	Hockey		<b>Gymnastics</b>	<b>Dance</b>	Team Building	Tennis	Athletics
		KS2.2 – play competitive games, and apply basic principles suitable for attacking and defending.  KS2.3 – develop flexibility, strength, technique, control and balance.  <b>Competition</b> – with others.	<b>KS2.3</b> – develop flexibility, strength, technique, control and balance.  <b>KS2.6</b> – compare their performances with previous ones and demonstrate improvement to achieve their personal best.  <b>Collaborating</b> with others.	<b>KS2.3</b> – develop flexibility, strength, technique, control and balance.  <b>KS2.4</b> – perform dances using a range of movement patterns.  <b>KS2.6</b> – compare their performances with previous ones and demonstrate improvement to achieve their personal	KS2.3 – develop flexibility, strength, technique, control and balance.  KS2.5 – take part in outdoor and adventurous activity challenges both individually and within a team  KS2.6 – compare their performances with previous ones and demonstrate	KS2.1 – use running, jumping, throwing and catching in isolation and in combination.  KS2.2 – play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.  KS2.3 – develop flexibility, strength,	KS2.1 – use running, jumping and throwing in isolation and in combination.  KS2.3 – develop flexibility, strength, technique, control and balance.  KS2.6 – compare their performances with previous ones and demonstrate improvement to achieve their

			<p>best.</p> <p><b>Collaborating</b> with others</p>	<p>improvement to achieve their personal best.</p> <p><b>Competition</b> - with others.</p> <p><b>Collaborating</b> with others</p>	<p>technique, control and balance.</p> <p><b>Competition</b> - with others.</p>	<p>personal best.</p> <p><b>Competition</b> - with self.</p> <p><b>Competition</b> - with others.</p>
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Year 4

Year 4						
	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	<p>Basketball</p> <p>KS2.1 - use running, jumping, throwing and catching in isolation and in combination.</p> <p>KS2.2 - play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Competition - with others.</p>	<p>Gymnastics</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Collaborating with others.</p>	<p>Dance</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.4 - perform dances using a range of movement patterns.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Collaborating with others.</p>	<p>Orienteering</p> <p>KS2.5 - take part in outdoor and adventurous activity challenges both individually and within a team</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Collaborating with others.</p> <p>Competition - with others</p>	<p>Tennis</p> <p>KS2.1 - use running, jumping, throwing and catching in isolation and in combination.</p> <p>KS2.2 - play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>Competition - with others.</p>	<p>Athletics</p> <p>KS2.1 - use running, jumping and throwing in isolation and in combination.</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Competition - with self</p> <p>Competition - with others</p>



Year 5

Year 5						
	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	<p>Tag Rugby</p> <p>KS2.1 - use running, jumping, throwing and catching in isolation and in combination.</p> <p>KS2.2 - play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p><b>Competition</b> - with others.</p>	<p><b>Gymnastics</b></p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p><b>Collaborating</b> with others.</p>	<p><b>Dance</b></p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.4 - perform dances using a range of movement patterns.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p><b>Collaborating</b> with others.</p>	<p>Orienteering</p> <p>KS2.5 - take part in outdoor and adventurous activity challenges both individually and within a team</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p><b>Collaborating</b> with others.</p> <p><b>Competition</b> - with others</p>	<p>Rounders</p> <p>KS2.1 - use running, jumping, throwing and catching in isolation and in combination.</p> <p>KS2.2 - play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p><b>Competition</b> - with others.</p>	<p>Athletics</p> <p>KS2.1 - use running, jumping and throwing in isolation and in combination.</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p><b>Competition</b> - with self</p> <p><b>Competition</b> - with others</p>

Year 6

Year 6						
	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	<p>Football</p> <p>KS2.1 - use running, jumping, throwing and catching (goalkeeping) in isolation and in combination.</p> <p>KS2.2 - play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Gymnastics</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Collaborating with others.</p>	<p>Dance</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.4 - perform dances using a range of movement patterns.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Collaborating with others.</p>	<p>Orienteering</p> <p>KS2.5 - take part in outdoor and adventurous activity challenges both individually and within a team</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Collaborating with others.</p> <p>Competition - with others</p>	<p>Rounders</p> <p>KS2.1 - use running, jumping, throwing and catching in isolation and in combination.</p> <p>KS2.2 - play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Athletics</p> <p>KS2.1 - use running, jumping and throwing in isolation and in combination.</p> <p>KS2.3 - develop flexibility, strength, technique, control and balance.</p> <p>KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Competition - with self</p> <p>Competition - with others</p>

	Competition - with others.				Competition - with others.	
<p>Swimming and water safety All schools must provide swimming instruction either in key stage 1 or key stage 2.          In particular, pupils should be taught to:          S.1 - swim competently, confidently and proficiently over a distance of at least 25 metres          S.2 - use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]          S.3 - perform safe self-rescue in different water-based situations.</p>						
<b>Swimming</b>						
	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	5N	5F	4M	4RO	3H	3T
	S.1	S.1	S.1	S.1	S.1	S.1
	S.2	S.2	S.2	S.2	S.2	S.2
	S.3	S.3	S.3	S.3	S.3	S.3

Last year, in 2020 – 2021, Spring 1 and 2's lessons were not taught due to the national lockdown.

The remainder of Spring 2 was used to assess children's fitness and to develop social skills and teamwork.

In 2021 – 2022, the sports coach will address this by ensuring the previous year group's objectives are taught before progressing onto the current year's objectives. This will be addressed by gaining extra sessions from other half terms.