

National Curriculum Mapping: PE 2021 - 2022

EYFS

EYFS.I - Communication and language development involves giving children opportunities to experience a rich language environment; to develop their confidence and skills in expressing themselves; and to speak and listen in a range of situations

EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food

EYFS.3 - Personal, social and emotional development involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities

EYFS.4 - Expressive arts and design involves enabling children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings through a variety of activities in art, music, movement, dance, role-play, and design and technology.

R	eception	

	Autumn		Spring		Summer	
	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2
	Fundamental Skills	Fundamental Skills	Gymnastics	<mark>Dance</mark>	Cricket	Athletics
Main						
Lesson	EYFS.I -	EYFS.I -	EYFS.I -	EYFS.I -	EYFS.I -	EYFS.I -
	Communication and	Communication and	Communication and	Communication and	Communication and	Communication and
	language development	language development	language development	language development	language development	language development
	involves giving	involves giving	involves giving children	involves giving children	involves giving children	involves giving children
	children opportunities	children opportunities	opportunities to develop	opportunities to develop	opportunities to develop	opportunities to develop
	to develop their	to develop their	their confidence and	their confidence and	their confidence and	their confidence and

confidence and skills in expressing themselves; and to speak and listen in a range of situations.

EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their coordination, control. and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

EYFS.3 - Children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop confidence and skills in expressing themselves; and to speak and listen in a range of situations.

EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their coordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

EYFS.3 - Children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop skills in expressing themselves; and to speak and listen in a range of situations.

EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their coordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

EYFS.4 — Children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings

skills in expressing themselves; and to speak and listen in a range of situations.

EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement.

Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

EYFS.4 — Children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings through a variety of

skills in expressing themselves; and to speak and listen in a range of situations.

EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their coordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

EYFS.3 - Children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to skills in expressing themselves; and to speak and listen in a range of situations.

EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive: and to develop their coordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

EYFS.3 - Children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to

social skills and social skills and learn through a variety of activities in	movement understand understand
learn how to manage how to manage their activities in movement. and do	ance. appropriate behaviour appropriate behaviour
their feelings; to feelings; to	in groups; and to in groups; and to
understand understand	have confidence in have confidence in
appropriate appropriate behaviour	their own abilities. their own abilities.
behaviour in groups; in groups; and to	
and to have have confidence in	
confidence in their their own abilities.	
own abilities.	

Key stage

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

KSI.I - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

KSI.2 - participate in team games, developing simple tactics for attacking and defending

KSI.3 - perform dances using simple movement patterns.

	Year I							
	Auti	ımn	Spring		Summer			
	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2		
Main	Activity Skills	Gymnastics	<mark>Dance</mark>	<u>Cricket</u>	Tri Golf	Athletics		
Lesson	KSI.I - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities	KSI.I - master basic movements (jumping), as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities KSI.3 - perform dances using simple	KSI.I – master basic movements (jumping), as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities KSI.3 – perform dances using simple movement patterns.	KSI.I – master basic movements including running, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities KSI.2 – participate in team games, developing	KSI.I - master basic movements, as well as developing balance and co-ordination, and begin to apply these in a range of activities Competition - with self Competition - with others	KSI.I – master basic movements including running, jumping and throwing, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities		
	Competition – with self	movement patterns. Co-operative physical activities	Co-operative physical activities	simple tactics for attacking and defending. Competition – with others		Competition - with self Competition - with others		

			Year 2			
	Auto	umn	Spring		Sum	mer
	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2
Main	Activity Skills	Gymnastics	<mark>Dance</mark>	<mark>Tri Golf</mark>	Cricket	Athletics
Lesson	KSI.I - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities KSI.2 - participate in team games, developing simple tactics for attacking and defending. Competition - with self	KSI.I - master basic movements (jumping), as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities KSI.3 - perform dances using simple movement patterns. Co-operative physical activities	KSI.I – master basic movements (jumping), as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities KSI.3 – perform dances using simple movement patterns. Co-operative physical activities	KSI.I – master basic movements, as well as developing balance and co-ordination, and begin to apply these in a range of activities Competition – with self Competition – with others	KSI.I – master basic movements including running, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities KSI.2 – participate in team games, developing simple tactics for attacking and defending. Competition – with others	KSI.I - master basic movements including running, jumping and throwing, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities Competition - with self Competition - with others

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make
actions and sequences of movement. They should en joy communicating, collaborating and competing with each other. They should develop an
understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
Pupils should be taught to:

Key stage

- KS2.1 use running, jumping, throwing and catching in isolation and in combination
- KS2.2 play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- KS2.3 develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- KS2.4 perform dances using a range of movement patterns
- KS2.5 take part in outdoor and adventurous activity challenges both individually and within a team
- KS2.6 compare their performances with previous ones and demonstrate improvement to achieve their personal best.

	Year 3							
	Aut	umn	Spring		Summer			
	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2		
	Hockey	<u>Gymnastics</u>	<mark>Dance</mark>	Team Building	Tennis	Athletics		
Main								
Lesson	KS2.2 - play	KS2.3 – develop	<mark>KS2.3</mark> – develop	KS2.3 – develop	KS2.I - use running,	KS2.I – use running,		
	competitive games,	flexibility, strength,	flexibility, strength,	flexibility, strength,	jumping, throwing	jumping and		
	and apply basic	technique, control	technique, control and	technique, control and	and catching in	throwing in isolation		
	principles suitable for	and balance.	balance.	balance.	isolation and in	and in combination.		
	attacking and				combination.			
	defending.	KS2.6 - compare	<mark>KS2.4</mark> - perform	KS2.5 - take part in		KS2.3 – develop		
		their performances	dances using a range	outdoor and	KS2.2 - play	flexibility, strength,		
	KS2.3 - develop	with previous ones	of movement	adventurous activity	competitive games,	technique, control		
	flexibility, strength,	and demonstrate	patterns.	challenges both	modified where	and balance.		
	technique, control	improvement to		individually and within	appropriate, and apply			
	and balance.	achieve their personal	KS2.6 - compare their	a team	basic principles suitable	KS2.6 - compare		
		best.	performances with		for attacking and	their performances		
	Competition - with		previous ones and	KS2.6 - compare their	defending.	with previous ones		
	others.	Collaborating with	demonstrate	performances with		and demonstrate		
		others.	improvement to	previous ones and	KS2.3 – develop	improvement to		
			achieve their personal	demonstrate	flexibility, strength,	achieve their		

	best.	improvement to achieve	technique, control and	personal best.
		their personal best.	balance.	'
	Collaborating with	·		Competition - with
	others	Competition - with	Competition - with	self.
		others.	others.	
				Competition - with
		Collaborating with		others.
		others		

			Year 4			
	Auto	ımn	Sp	Spring		mer
	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2
Main	Basketball	<u>Gymnastics</u>	<mark>Dance</mark>	Orienteering	Tennis	Athletics
Main Lesson	KS2.I – use running, jumping, throwing and catching in isolation and in combination. KS2.2 – play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending. KS2.3 – develop flexibility, strength, technique, control and balance. KS2.6 – compare their performances with previous ones and	KS2.3 – develop flexibility, strength, technique, control and balance. KS2.6 – compare their performances with previous ones and demonstrate improvement to achieve their personal best. Collaborating with others.	KS2.3 - develop flexibility, strength, technique, control and balance. KS2.4 - perform dances using a range of movement patterns. KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best. Collaborating with others.	KS2.5 - take part in outdoor and adventurous activity challenges both individually and within a team KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best. Collaborating with others. Competition - with others	KS2.I – use running, jumping, throwing and catching in isolation and in combination. KS2.2 – play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending. KS2.3 – develop flexibility, strength, technique, control and balance. Competition – with others.	KS2.I - use running, jumping and throwing in isolation and in combination. KS2.3 - develop flexibility, strength, technique, control and balance. KS2.6 - compare their performances with previous ones and demonstrate improvement to achieve their personal best. Competition - with self
	demonstrate improvement to achieve their personal best.					Competition - with others
	Competition - with others.					

			Year 5			
	Auti	ımn	Sp	Spring		ner
	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2
	Tag Rugby	<u>Gymnastics</u>	<mark>Dance</mark>	Orienteering	Rounders	Athletics
Main						
Lesson	KS2.I - use running,	<mark>KS2.3</mark> – develop	<mark>KS2.3</mark> – develop	KS2.5 - take part in	KS2.I - use running,	KS2.I – use running,
	jumping, throwing and	flexibility, strength,	flexibility, strength,	outdoor and	jumping, throwing and	jumping and
	catching in isolation	technique, control	technique, control and	adventurous activity	catching in isolation and	throwing in isolation
	and in combination.	and balance.	balance.	challenges both	in combination.	and in combination.
				individually and within		
	KS2.2 - play	<mark>KS2.6</mark> - compare	KS2.4 – perform	a team	KS2.2 - play competitive	•
	competitive games,	their performances	dances using a range		games, modified where	flexibility, strength,
	modified where	with previous ones	of movement	KS2.6 - compare their	appropriate, and apply	technique, control
	appropriate, and apply	and demonstrate	patterns.	performances with	basic principles suitable	and balance.
	basic principles suitable	improvement to		previous ones and	for attacking and	
	for attacking and	achieve their personal	KS2.6 – compare their	demonstrate	defending.	KS2.6 - compare
	defending.	best.	performances with	improvement to achieve		their performances
			previous ones and	their personal best.	KS2.3 – develop	with previous ones
	KS2.3 – develop	Collaborating with	demonstrate		flexibility, strength,	and demonstrate
	flexibility, strength,	others.	improvement to	Collaborating with	technique, control and	improvement to
	technique, control and		achieve their personal	others.	balance.	achieve their
	balance.		best.			personal best.
				Competition - with	KS2.6 - compare their	
	KS2.6 - compare their		Collaborating with	others	performances with	Competition - with
	performances with		others.		previous ones and	self
	previous ones and				demonstrate	
	demonstrate				improvement to achieve	Competition – with
	improvement to achieve				their personal best.	others
	their personal best.				C	
					Competition - with	
	Competition - with				others.	
	others.					

			Year 6			
	Auti	umn	Sp	ring	Sumi	ner
	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2
	Football	Gymnastics	<mark>Dance</mark>	Orienteering	Rounders	Athletics
Main						
Lesson	KS2.I – use running,	<mark>KS2.3</mark> – develop	<mark>KS2.3</mark> – develop	KS2.5 - take part in	KS2.I – use running,	KS2.I – use running,
	jumping, throwing	flexibility, strength,	flexibility, strength,	outdoor and	jumping, throwing	jumping and
	and catching	technique, control	technique, control and	adventurous activity	and catching in	throwing in isolation
	(goalkeeping) in	and balance.	balance.	challenges both	isolation and in	and in combination.
	isolation and in			individually and within	combination.	
	combination.	KS2.6 - compare	KS2.4 – perform	a team		KS2.3 – develop
		their performances	dances using a range		KS2.2 - play	flexibility, strength,
	KS2.2 - play	with previous ones	of movement	KS2.6 - compare their	competitive games,	technique, control
	competitive games,	and demonstrate	patterns.	performances with	modified where	and balance.
	modified where	improvement to		previous ones and	appropriate, and apply	
	appropriate, and	achieve their personal	KS2.6 - compare their	demonstrate	basic principles suitable	KS2.6 - compare
	apply basic principles	best.	performances with	improvement to achieve	for attacking and	their performances
	suitable for attacking		previous ones and	their personal best.	defending.	with previous ones
	and defending.	Collaborating with	demonstrate			and demonstrate
		others.	improvement to	Collaborating with	KS2.3 – develop	improvement to
	KS2.3 – develop		achieve their personal	others.	flexibility, strength,	achieve their
	flexibility, strength,		best.		technique, control and	personal best.
	technique, control			Competition – with	balance.	
	and balance.		Collaborating with	others		Competition – with
			others.		KS2.6 - compare their	self
	KS2.6 - compare				performances with	
	their performances				previous ones and	Competition – with
	with previous ones				demonstrate	others
	and demonstrate				improvement to	
	improvement to				achieve their personal	
	achieve their personal				best.	
	best.					

		Competition – with	
Competition - with		others.	
others.			

Swimming and water safety All schools must provide swimming instruction either in key stage I or key stage 2. In particular, pupils should be taught to:

- S.I swim competently, confidently and proficiently over a distance of at least 25 metres
- S.2 use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- S.3 perform safe self-rescue in different water-based situations.

Swimming						
	Autumn		Spring		Summer	
	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2
	5N	5F	4M	4RO	3H	3T
	S.I	S.I	S.I	S.I	S.I	S.I
	S.2	S.2	S.2	S.2	S.2	S.2
	S.3	S.3	S.3	S.3	S.3	S.3

Last year, in 2020 — 2021, Spring I and 2's lessons were not taught due to the national lockdown.

The remainder of Spring 2 was used to assess children's fitness and to develop social skills and teamwork.

In 2021 — 2022, the sports coach will address this by ensuring the previous year group's objectives are taught before progressing onto the current year's objectives. This will be addressed by gaining extra sessions from other half terms.