

Long Term Plan: PE 21 - 22



St James CE
Primary School

Reception

	Autumn		Spring		Summer	
Main Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Fundamental Skills	Fundamental Skills	Gymnastics	Dance	Cricket	Athletics

Year 1

	Autumn		Spring		Summer	
Main Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Activity Skills	Gymnastics	Dance	Cricket	Tri Golf	Athletics

Year 2

	Autumn		Spring		Summer	
Main Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Activity Skills	Gymnastics	Dance	Tri Golf	Cricket	Athletics

Year 3

	Autumn		Spring		Summer	
Main Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Hockey	Gymnastics	Dance	Team Building	Tennis	Athletics

Year 4

	Autumn		Autumn		Autumn	
Main Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Basketball	Gymnastics	Dance	Orienteering	Tennis	Athletics

Year 5

	Autumn		Spring		Summer	
Main Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Tag Rugby	Gymnastics	Dance	Orienteering	Rounders	Athletics

Year 6

	Autumn		Spring		Summer	
Main Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Football	Gymnastics	Dance	Orienteering	Rounders	Athletics

Swimming

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	5N	5F	4M	4RO	3H	3T