



St James CE
Primary School

National Curriculum Mapping: PE 2021 - 2022

EYFS

EYFS.1 - Communication and language development involves giving children opportunities to experience a rich language environment; to develop their confidence and skills in expressing themselves; and to speak and listen in a range of situations

EYFS.2 - Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food

EYFS.3 - Personal, social and emotional development involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities

EYFS.4 - Expressive arts and design involves enabling children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings through a variety of activities in art, music, movement, dance, role-play, and design and technology.

Reception

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	Fundamental Skills	Fundamental Skills	Gymnastics	Dance	Cricket	Athletics
	EYFS.1 EYFS.2	EYFS.1 EYFS.2	EYFS.1 EYFS.2 EYFS.4	EYFS.1 EYFS.2 EYFS.4	EYFS.1 EYFS.2 EYFS.3	EYFS.1 EYFS.2

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

KSI.1 - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

KSI.2 - participate in team games, developing simple tactics for attacking and defending

KSI.3 - perform dances using simple movement patterns.

Year 1

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	Activity Skills KSI.1	Gymnastics KSI.1 KSI.3	Dance KSI.1 KSI.3	Cricket KSI.1 KSI.2	Tri Golf KSI.1	Athletics KSI.1

Year 2

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	Activity Skills KSI.1	Gymnastics KSI.1 KSI.3	Dance KSI.1 KSI.3	Tri Golf KSI.1	Cricket KSI.1 KSI.2	Athletics KSI.1

Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

KS2.1 – use running, jumping, throwing and catching in isolation and in combination
 KS2.2 – play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
 KS2.3 – develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
 KS2.4 – perform dances using a range of movement patterns
 KS2.5 – take part in outdoor and adventurous activity challenges both individually and within a team
 KS2.6 – compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Year 3

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	Hockey KS2.2	Gymnastics KS2.3 KS2.6	Dance KS2.3 KS2.4 KS2.6	Team Building KS2.3 KS2.5 KS2.6	Tennis KS2.1 KS2.2	Athletics KS2.1 KS2.3 KS2.6

Year 4

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	Basketball KS2.1 KS2.2 KS2.3 KS2.6	Gymnastics KS2.1 KS2.3 KS2.6	Dance KS2.3 KS2.4 KS2.6	Orienteering KS2.5 KS2.6	Tennis KS2.1 KS2.2	Athletics KS2.1 KS2.3 KS2.6

Year 5

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	Tag Rugby	Gymnastics	Dance	Orienteering	Rounders	Athletics
	KS2.1	KS2.1	KS2.3	KS2.5	KS2.1	KS2.1
	KS2.2	KS2.3	KS2.4	KS2.6	KS2.2	KS2.3
	KS2.3	KS2.6	KS2.6		KS2.6	KS2.6
	KS2.6					

Year 6

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Main Lesson	Football	Gymnastics	Dance	Orienteering	Rounders	Athletics
	KS2.2	KS2.1	KS2.3	KS2.5	KS2.1	KS2.1
	KS2.3	KS2.3	KS2.4	KS2.6	KS2.2	KS2.3
	KS2.6	KS2.6	KS2.6		KS2.6	KS2.6

Swimming and water safety All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- S.1 - swim competently, confidently and proficiently over a distance of at least 25 metres
- S.2 - use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- S.3 - perform safe self-rescue in different water-based situations.

Swimming

	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 5	Year 5	Year 4	Year 4	Year 3	Year 3
	S.1	S.1	S.1	S.1	S.1	S.1
	S.2	S.2	S.2	S.2	S.2	S.2

	S.3	S.3	S.3	S.3	S.3	S.3
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Last year, in 2020 – 2021, Spring 1 and 2's lessons were not taught due to the national lockdown.

The remainder of Spring 2 was used to assess children's fitness and to develop social skills and teamwork.

In 2021 – 2022, the sports coach will address this by ensuring the previous year group's objectives are taught before progressing onto the current year's objectives. This will be addressed by gaining extra sessions from other half terms.