

Quality food options every day

Full details of dishes & allergen information are available at: [sips.co.uk/foodportal](https://www.sips.co.uk/foodportal)

Week
Commencing:
21/09/2020
05/10/2020
19/10/2020

Week 1

MONDAY

Fish Finger Sandwich -
Breaded Fish Finger
served with Tomato
Ketchup
Meat Free Sausage Roll (v)
Vege crudites
Melting Moments
Fresh Fruit

TUESDAY

Ham Sandwich on white
bread with Vegetable
Crudites
Cheese Sandwich on white
bread with Vegetable
crudites (v)
Fruit Yoghurt
Fresh fruit

WEDNESDAY

Beef Burger -
Beef Pattie served in a
homemade bread bun
green Salad
Quorn Southern Style
Burger (v) -
Quorn burger served in
a homemade bread bun
green Salad
Shortbread biscuit
Fresh fruit

THURSDAY

Pin Wheel Pizza (v) -
cheese and tomato
pizza pin wheel
Tuna Mayo Sandwich on
white bread with
vegetable crudites
Fruit Yoghurt
Fresh Fruit

FRIDAY

Harry Ramsdens Junior
Fish & Chips served with
Tomato Sauce
Filled Jacket Potato
served with Cheese or
Beans &
Salad (v)
Cocoa Crunch Cookie
Fresh Fruit

Week
Commencing:
28/09/2020
12/10/2020

Week 2

MONDAY

Fish Finger Wrap -
Breaded Fish Fingers
served in a tortilla
wrap
Cheese & Onion Lattice
Finger (v) with
Seasonal Salad
Strawberry Mousse
Fresh Fruit Slices

TUESDAY

Ham Sandwich on white
bread with vegetable
crudites
Cheese Sandwich (v) on
white bread with
vegetable crudites
Vanilla Ice Cream Tub
Fruit Yoghurt

WEDNESDAY

BBQ Chicken Fillet
Burger - BBQ chicken
served in a homemade
bread bun with green
salad
Vegetable Burger (v) -
vege burger served in
a homemade bread bun
with green salad
Chocolate Brownie
Melon Slices

THURSDAY

Pin Wheel Pizza (v) -
cheese & tomato pizza
pin wheel
Turkey Sandwich with
vegetable crudites
Fruit Jelly
Fresh Fruit Slices

FRIDAY

Popcorn Chicken & Spicy
Wedges
Filled Jacket Potatoes
with Cheese or Beans &
salad (v)
Iced Shortbread Biscuit
Fresh Fruit Salad

Selection of Vegetable Crudites, seasonal salad, Fresh fruit and yoghurt available daily

Dishes are subject to change

SIPS

EDUCATION

Mission:
nutrition

www.sips.co.uk



N - New

V - Vegetarian

VG - Vegan

B - Boosted by hidden fruit and vegetables